

LOW CARB OBST

- Nährwertangaben pro 100g -



Sternfrucht

3,9g



Kokosnuss

4,8g



Himbeeren

4,8g



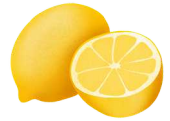
Brombeeren

4,9g



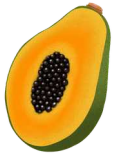
Erdbeeren

5,5g



Zitronen

6,5g



Papaya

7,1g



Johannisbeeren

7,3g



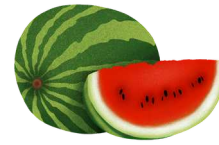
Blaubeeren

7,4g



Limetten

7,7g



Wassermelone

8,3g



Stachelbeeren

8,5g



Pfirsich

8,9g



Clementinen

9,0g



Orangen

9,2g



Pomelo

9,4g



Pflaumen

10,2g



Kiwi

10,8g



Apfel

11,4g



Birnen

12,4g



Honigmelone

12,4g



Feigen

12,9g



Drachenfrucht

13,0g



Ananas

13,1g



Physalis

13,3g



Kirschen

13,3g



Passionsfrucht

13,4g



Weintrauben

15,6g



Granatapfel

16,7g



Litschi

17,0g



LEBENS₂GUT